

wolf coaching

Silvia Wolf, lic. phil. I, dipl. Coach
+41 79 671 69 34
www.wolfcoaching.ch

Firing – what next?

A dismissal is a turning point
in a person's life and therefore
an opportunity.

You and I will mobilise your resources together.

Your future may lie elsewhere.

Be a cross-thinker.

Boldly allow new ideas.

Flexibility is a matter of attitude.

Unconventional thinking takes you further.

Discover your other skills.

New perspectives release new energy.

Together we will find a new path to your success.

I will set goals with you.

A new job - in the company or outside?

Curriculum vitae, job applications and job interviews
preparation and training are the essentials.

Self-employment - is it an option?

What does that mean for you?

Concrete steps will help to clarify the way.

Uneasiness at the workplace – what has to be done?

To get up again and go to work with joy.

What on earth is going on?

Your boss is demanding more and more from you.

The work environment is becoming tougher.

There are more and more conflicts.

You lost the pleasure of going to work.

It impacts your whole life.

You're out of breath.

Are you to blame or are others?

How about an attempt with a coach?

There are many causes for conflicts and burnouts.

It hits people of all ages.

But what are the causes?

What can you contribute towards a solution yourself?

Would a change with less responsibility be an option?

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Bringing people further is my passion.
Motivation and curiosity are my drive.
I am set for solutions from head to toe.
Therefore, I invite people to come on board.
I too had to get myself up again.
Making opportunities tangible and practical fascinates me.
For 40 years, I have been working with people of all ages.
Wide reaching trainings in many fields have shaped me as a coach.
Practical experiences strengthened my expertise.
I draw my own strength from nature and physical exercise.
For us humans, life always provides a way.

My approach as a coach

- Professional accompaniment
- Recognising strengths
- Ensuring absolute confidentiality
- Creative approach
- Opening perspectives
- Mobilising forces together
- Working on solutions together